

LawFit® Fitness Leadership Workshop Registration Form

*Please fill out form completely and return by registration deadline (18 July 2023).

EVENT INFORMATION

Location: Mississippi Law Enforcement Officers Training Academy (3791 Hwy 468 West, Pearl, MS 39208)

Dates: Tuesday-Thursday: **1 August – 3 August** (8:00am-4:00pm daily)

Registration Deadline: **18 July 2023**

Registration Fee: \$600.00 per person, nonrefundable (however, another officer may be substituted)

Checks made payable to: **LAWFIT/FIREFIT, LLC**

APPLICANT INFORMATION

**Please print clearly*

Participant's Name: _____ DOB: _____ Gender M F

Agency Name: _____

Agency Address: _____

Work #: _____ Cell #: _____ email: _____

Do you require special accommodations under provision of the Americans with Disabilities Act? N

If yes, please state the nature of the accommodation required:

EXPRESSED ASSUMPTION OF RISK

I authorize that _____ is fit for full duty as a law enforcement officer and is physically able to participate in the LawFit Fitness Leadership Workshop. I further recognize that the workshop's physical activities including, but not limited to (**one repetition maximum bench press, 60-second sit-up test, sit & reach flexibility test, maximum repetition pull-up test, 1.5-mile run, and 200-yard suspect pursuit**) have the potential to put significant stress on the cardiovascular and musculoskeletal systems of participants. The above-named employee is fully insured by _____.

(Agency Name)

Signature of Agency Supervisor: _____

Print name and address of Agency Supervisor _____

Phone Number: _____ Email: _____

E-mail your registration to: dbever@lawfit.org
Registration checks should be mailed to the address below.
Dr. David Bever
LAWFIT/FIREFIT, LLC
3408 Park Hill Place
Fairfax, VA 22030-2027

(Questions: 703-424-6154)